

**III MEETING OF THE ONE KILO CLUB**  
**AT THE**  
**XV ANNUAL CONGRESS OF THE INTERNATIONAL SOCIETY FOR GYNECOLOGIC ENDOSCOPY**

**All ISGE Congress Attendees are Welcome to Attend the III Meeting of the One Kilo Club**



*The One Kilo Club is the only Obstetric and Gynecological surgical society in the world that one can not join, but is rather invited to become a member purely on proven, objective surgical merit.*

*The One-Kilo Club was born in 1996 as result of the founders' disappointment with the general misunderstanding and misconceptions surrounding vaginal and laparoscopic surgery for the treatment of challenging large pelvic masses and advanced pelvic surgery.*

*The Club was founded in 1996 with Dr. Marco A. Pelosi II as President, Dr. Marco Pelosi III as Vice President, and Dr. Nicholas Kadar as Secretary.*

*The founders of the One-Kilo Club sought to establish a scientific and social organization through which the fully committed, proven experts of minimally invasive surgical arts could concentrate their common interest untrammelled by the negative input of those who neither fully appreciate nor understand where the technical limits of modern surgery truly stand.*

*The requirements for membership to this elite gynecological surgical group are: a demonstrated interest in challenging vaginal and laparoscopic surgery as exhibited by prior publications or equivalent activities, practice performance and evidence that the applicant has successfully performed removal of a uterus weighing one kilogram or more without resorting to laparotomy. The One Kilo Club is not a hysterectomy society nor does it encourage the performance of extreme minimally invasive surgery if deemed unsafe or inappropriate as the best treatment under the circumstance. Rather, the main goal of the One Kilo Club is to encourage the performance of minimally invasive surgery techniques as an alternative to open surgery when surgery becomes unavoidable as the ideal treatment for a patient. The techniques must be reproducible, safe, effective, and easy to teach to the average gynecologic surgeon.*

*The One Kilo Club evolved from concept to reality in 1996 in Chicago at the Annual Meeting of the American Association of Gynecologic Laparoscopists, where Club founders Dr. Marco A. Pelosi II, Dr. Marco A. Pelosi III, and Dr. Nicholas Kadar welcomed all those who had fulfilled the requirements for membership. The second meeting of the One Kilo Club was held in conjunction with the International College of Surgeons in Orlando, Florida in 2001 when the first Lion Heart award was presented to Shirith Sheth, MD of India.*

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***Final Program***

**Friday, March 31, 2006**  
**Panamericano Buenos Aires Hotel**  
**Room: Los Andes, 2nd Floor**  
**08:00 am – 07:30 pm**

**08:00 am – 08:10 am**

**Welcome, introductions and program overview**

*Marco A. Pelosi II, MD and Marco A. Pelosi III, MD*

Chairperson: Johannes Van der Wat, MD, South Africa

Co-Chairpersons: Joao Brito Jaenish, MD, Brazil and Yves Leroy, MD, Mexico

**08:20 am – 08:25 am**

**The economics of endoscopic surgery: The illogical, unfair reimbursement and what you can do about it**

*Gerard Pregenzer, MD. Women's Health Care of Warren. Warren New Jersey, USA*

**08:25 am – 08:40 am**

**Pelvic anatomy for the advanced laparoscopic surgeon**

*Ricardo Pereira, MD Londrina, Brazil*

**08:40 am – 09:10 am**

**The great debate: Total laparoscopic hysterectomy versus subtotal laparoscopic hysterectomy. ROUND TWO**

*Thomas Lyons, MD. Atlanta, Georgia.....Subtotal Hysterectomy 08:40 am – 08:55 am*

*Charles H. Koh, MD. Milwaukee, Wisconsin .....Total Hysterectomy 08:55 am – 09:10 am*

**09:10 am – 09:20 am**

**Questions and Answers**

**09:20 am – 09:35 am**

**Break**

Chairperson: Peter J. Maher, Australia

Co-Chairpersons: Vladislav Ponomarev, MD, Russia and Ricardo Pereira, MD, Brazil

**09:35 am – 09:50 am**

**Minimally invasive surgery during pregnancy**

*Manuel Alvarez, MD. Chairman OBGYN Dept, Hackensack University Medical Center. New Jersey. Maternal Fetal Specialist. Associate Professor, Mount Sinai School of Medicine, New York, USA*

*Abdulla Al-Khan, MD. Director, Perinatal Diagnostic and Therapeutics at Hackensack University Medical Center, New Jersey. Assistant Professor University of Medicine and Dentistry of New Jersey.*

**09:50 am – 10:05 am**

**Interval laparoscopic cerclage for cervical incompetence.**

*Leroy Charles, MD. West Palm Beach, Florida*

**10:05 am – 10:20 am**

**Laparoscopic hypogastric artery ligation for management of first trimester cervical pregnancy.**

*Adel Shervin, MD. Tehran, Iran*

**10:20 am – 10:35 am**

**Ambulatory vaginal hysterectomy : The Chilean experience**

*Carlos Bennett, MD and Julian Prado, MD, and Erasmo Bravo, MD. Valparaiso, Chile*

**10:35 am – 10:50 am**

**Gasless Laparoscopy (lift – laparoscopy): fifteen years of experience in avoiding laparotomy**

*Daniel Kruschinski, MD, Azley, Germany*

**10:50 am – 11:05 am**

**Strategies for the difficult total laparoscopic hysterectomy: Our technique**

*Marco Antonio Lopez Zepeda, MD. Director and Professor Instituto de Endoscopia Ginecologica, Guadalajara Jalisco, Culiacan Sinaloa y Hermosillo Sonora, Mexico.*

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**11:05 am – 11:20 am**

**Laparoscopic radical hysterectomy: Our experience**

*Juan Carlos Canton Romero, MD.*

Medico adscrito al departamento de Oncologia Ginecologica y Laparoscopica del UMAE , HGO, del Instituto Mexicano del Seguro Social, Guadalajara, Mexico.

**11:20 am – 11:35 am**

**Strategies for the difficult minilaparotomy hysterectomy and myomectomy**

*Marco A. Pelosi III, MD. Bayonne, New Jersey, USA*

**11:35 am – 11:50 am**

**Pelosi minilaparotomy hysterectomy for the VERY LARGE uterus: The Chilean experience**

*Ivanhoe Ortega, MD. Santiago, Chile*

**11:50 am – 12:05 pm**

**Minimally invasive approaches to the VERY LARGE Adnexal mass**

*Mercedes Birlain, MD. Centro Mexicano de Ginecologia y Pediatria S.C. Queretaro, Mexico.*

**12:05 pm – 12:15 pm**

Questions and Answers

**12:15 pm – 01:00 pm**

Lunch

Chairperson: Gerard Pregoner, MD, USA

Co-Chairpersons: Marco Antonio Lopez Zepeda, MD, Mexico and Ramiro Ampuero, MD, Bolivia

**01:00 pm – 01:15 pm**

**Laparoscopic assisted myomectomy**

*Patricia Saucedo Lopez. Adjunct Professor Instituto de Endoscopia Ginecologica, Guadalajara Jalisco, Culiacan Sinaloa y Hermosillo Sonora, Mexico.*

**01:15 pm – 01:30 pm**

**Strategies for the difficult laparoscopic myomectomy**

*Charles Miller, MD. Arlington Heights, Illinois, USA*

**01:30 pm – 01:45 pm**

**Strategies for the transvaginal treatment of adnexal masses and myomas without laparoscopic assistance**

*Joao Brito Jaenish, MD. Porto Alegre, Brazil*

**01:45 pm – 02:00 pm**

**Pelosi technique of transvaginal ligation of the uterine arteries for the conservative treatment of fibroids. A new simplified alternative**

*Marco A. Pelosi II, MD. Bayonne, New Jersey, USA*

**02:00 pm – 02:15 pm**

**Laparoscopic deep rectovaginal dissection for the performance of sacralcolpoperineopexy**

*Ted Lee, MD. Director Minimally Invasive Gynecologic Surgery, Magee Women's Hospital, UPMC.*

**02:15 pm – 02:30 pm**

**Laparoscopic management of vesicovaginal fistula**

*John R. Miklos, MD. Alpharetta, Georgia, USA*

**02:30 pm – 02:45 pm**

**Strategies for the management of intraoperative urological complications during laparoscopic surgery**

*Grace Janik, MD. Milwaukee, Wisconsin, USA*

**02:45 pm – 03:00 pm**

**Strategies for the laparoscopic management of invasive endometriosis**

*Ricardo Pereira, MD. Londrina, Brazil*

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**03:00 pm – 03:15 pm**

**Laparoscopic strategies for identification of the pelvic nerves and nerve sparing surgery for severe endometriosis**

*Eugenio Volpi, MD Torino, Italy*

**03:15 pm – 03:30 pm**

**Laparoscopic hysterectomy for the very large fibroid uterus: The Russian experience**

*Alexander Popov, Moscow, Russia*

Chairperson: Ray Gary, MD, Australia

Co-Chairpersons: Peter J Maher, MD, Australia, Johan Van der Wat, MD, South Africa, Alexander Popov, MD, Russia, and Marco Pelosi II, MD, USA

**03:30 pm – 04:00 pm**

**Daniel Dargent Memorial lecture: ‘My most difficult laparoscopic cases and what I have learned from them.’**

*Harry Reich, MD. Shavertown, Pennsylvania, USA.*

**Recipient of the 2006 One Kilo Club Lion Heart Award**

**04:00 pm – 04:15 pm**

Break



*Drs. Marco Pelosi II and Marco Pelosi III are active OB/GYN practitioners with a special interest in minimally invasive pelvic surgery (laparoscopy, vaginal, and minilaparotomy approaches) and urogynecology. Approximately 4 years ago they incorporated aesthetic services into their practice with a high interest in office lipoplasty performed under local anesthesia. After an exhaustive search for the safest and most effective operations, they sought out the developers and masters of these methods, viewed their work, operated with them, and incorporated and modified their best techniques. Having been instrumental in the development of numerous obstetric and gynecologic operations, they were comfortable and pleased with the addition of cosmetic procedures to their practice. They realized that there was an immediate need to create a society that could represent the interests and concerns of OB/GYN's providing cosmetogynecologic services with members willing to participate in continuous cosmetogynecologic education to ensure high quality of care for patients and to develop strategic alliances with other national and international cosmetic surgery associations.*

*As a result, in January 2004 they founded the International Society of Cosmetogynecology to welcome OB/GYN's who are actively performing these procedures. This society sponsors educational programs and offer a forum in which the members can network, exchange ideas, and continually improve their surgical skills.*

Co-Chairpersons: Marco Pelosi II, MD and Marco Pelosi III, MD

**04:15 pm – 04:35 pm**

**Introduction of cosmetogynecology. The place of the modern Ob/Gyn in aesthetics**

*Marco A. Pelosi III, MD*

Vice-president and co-founder of the One Kilo Club and International Society of Cosmetogynecology. Associate Director, Pelosi Medical Center, Bayonne New Jersey, USA

**04:35 pm – 04:55 pm**

**Office liposuction totally under local anesthesia for the Ob/Gyn practice.** Lecture and video presentation

*Marco A. Pelosi II, MD*

President and co-founder of the One Kilo Club and International Society of Cosmetogynecology. Director, Pelosi Medical Center, Bayonne New Jersey, USA

**04:55 pm – 05:15 pm**

**Office endoscopic assisted breast augmentation (implants) totally under local anesthesia for the Ob/Gyn practice.** Lecture and video presentation

*Carlos Avellanet, MD*

Director, Cosmetogynecology Clinic, Manati, Puerto Rico. Faculty Member of International Society of Cosmetogynecology

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**05:15 pm – 05:30 pm**

**Office sclerotherapy for the treatment of veins.** Lecture and video presentation

*Antonio Garcia, MD*

Director, Tacoma Aesthetics. Tacoma, Washington, USA. Faculty member of International Society of Cosmetogynecology

**05:30 pm – 06:30 pm**

Questions and Answers

**06:30 pm – 07:30 pm**

**Cocktail Hour with Open Bar, Hors d'Oeuvres, and Music (All ISGE attendees are welcomed to join us!)**

**Presentation of the 2006 One Kilo Club Lion Heart Award to Harry Reich, MD**

*The Lion Heart Award will be presented to Harry Reich, MD  
by Ray Garry, MD, FRCOG, Subiaco, Western Australia*

*The One Kilo Club wishes to thank  
Apple Medical Corporation of Marlboro, Massachusetts, USA  
for their generous educational grant that has made  
the III Meeting of the One Kilo Club possible*